

## HSIG **Gold D** Health Screening Package

**Man**  
 SGD2918  
 (Inclusive of GST)

**Woman**  
 SGD3288  
 (Inclusive of GST)

### Medical Review by Doctor

Detailed Medical History

Comprehensive Physical Examination

Body Mass Index

Blood Pressure and Heart Rate Assessment

**MRI Brain, Carotid Arteries, Circle of Willis**

**Ultrasound Liver, Gallbladder, Kidneys, Spleen and Pancreas**

**Ultrasound Thyroid**

**Ultrasound Prostate**

**Ultrasound Pelvis (Uterus and Ovaries etc)**

**Chest X-ray**

**Echocardiogram**

**Ultrasound Breast**

**3D Mammogram**

**Treadmill Exercise Test**

**MRI Liver Fat Quantification**

**Electrocardiogram (ECG)**

### Blood tests

#### Cholesterol/lipid profile

Total Cholesterol  
 HDL Cholesterol  
 LDL Cholesterol  
 Total/HDL Cholesterol Ratio  
 Triglycerides  
 Creatine Kinase  
 C-Reactive Protein

#### Haematology

Complete Blood Count  
 Peripheral Blood Film  
 Erythrocyte Sedimentation Rate

#### Kidney Function Profile

Creatinine  
 Urea  
 Sodium  
 Potassium  
 Chloride  
 eGFR  
 Bicarbonate

#### Bone and Joint Function

Uric Acid  
 Calcium  
 Phosphate

#### Liver Function Profile

Total Protein  
 Albumin  
 Globulin  
 A/G Ratio  
 Alkaline Phosphatase  
 Gamma GT  
 SGPT (ALT)  
 SGOT (AST)  
 Total Bilirubin  
 Indirect and Direct Bilirubin

#### Thyroid Function Test

Free T4  
 TSH

#### Hepatitis Screening

Hepatitis A IgG Antibody  
 Hepatitis Bs Antigen  
 Hepatitis Bs Antibody  
 Hepatitis C Antibody

#### Diabetes Screening

Glucose (Fasting/Random)  
 HBA1C

#### Venereal Disease Screening

VDRL  
 TPHA if VDRL is reactive

#### Anaemia Profile

Iron

#### Urine Analysis

Urine FEME

#### H Pylori Antibody

#### Tumor Markers

Liver (AFP)  
 Colon (CEA)  
 Pancreas (CA-19-9)  
 EBV-IgA  
 Beta HCG  
 Prostate (PSA) ♂  
 Ovaries (CA-125) ♀  
 Breast (CA15-3) ♀