

## HSIG Gold D Health Screening Package

**Man**  
SGD2918  
(Inclusive of GST)

**Woman**  
SGD3288  
(Inclusive of GST)

### Medical Review by Doctor

Detailed Medical History

Comprehensive Physical Examination

Body Mass Index

Blood Pressure and Heart Rate Assessment

MRI Brain, Carotid Arteries, Circle of Willis

Ultrasound Liver, Gallbladder, Kidneys, Spleen and Pancreas

Ultrasound Thyroid

Ultrasound Prostate

Ultrasound Pelvis (Uterus and Ovaries etc)

Chest X-ray

Echocardiogram

Ultrasound Breast

3D Mammogram

Treadmill Exercise Test

MRI Liver Fat Quantification

Electrocardiogram (ECG)

### Blood tests

#### Cholesterol/lipid profile

Total Cholesterol  
HDL Cholesterol  
LDL Cholesterol  
Total/HDL Cholesterol Ratio  
Triglycerides  
Creatine Kinase  
C-Reactive Protein

#### Haematology

Complete Blood Count  
Peripheral Blood Film  
Erythrocyte Sedimentation Rate

#### Kidney Function Profile

Creatinine  
Urea  
Sodium  
Potassium  
Chloride  
eGFR  
Bicarbonate

#### Bone and Joint Function

Uric Acid  
Calcium  
Phosphate

#### Liver Function Profile

Total Protein  
Albumin  
Globulin  
A/G Ratio  
Alkaline Phosphatase  
Gamma GT  
SGPT (ALT)  
SGOT (AST)  
Total Bilirubin  
Indirect and Direct Bilirubin

#### Thyroid Function Test

Free T4  
TSH

#### Hepatitis Screening

Hepatitis A IgG Antibody  
Hepatitis Bs Antigen  
Hepatitis Bs Antibody  
Hepatitis C Antibody

#### Diabetes Screening

Glucose (Fasting/Random)  
HBA1C

#### Venereal Disease Screening

VDRL  
TPHA if VDRL is reactive

#### Anaemia Profile

Iron

#### Urine Analysis

Urine FEME

#### H Pylori Antibody

#### Tumor Markers

Liver (AFP)  
Colon (CEA)  
Pancreas (CA-19-9)  
EBV-IgA  
Beta HCG  
Prostate (PSA) ♂  
Ovaries (CA-125) ♀  
Breast (CA15-3) ♀